

A decorative border surrounds the page, featuring four human skeletons in the corners. Each skeleton is positioned as if holding a bone that forms part of the border. The skeletons are rendered in a detailed, anatomical style. The background is a light, textured parchment color.

The truth inside your bones

You chose to enter.
Now be honest with yourself.

☠ What truth have I been avoiding, even from myself?

☠ What patterns do I keep repeating, even though I know they hurt me?

☠ What am I afraid would happen if I fully embraced who I really am?

☠ What do I need to forgive myself for?

☠ What would change in my life if I finally chose honesty over hiding?

There are no wrong answers here.
Only your truth, waiting to be seen.

**THIS IS YOUR JOURNAL.
PRINT IT. WRITE IT. BE HONEST.**

You are not required to answer every question.
You are not required to answer any question.
This room exists for reflection, not judgment.